

Life Stories

Video and audio storytelling | www.ommultimedia.com



Documentary films to preserve family stories & histories

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What Is a Life Story?



- Every life is unique.
- A Life Story is a record of where you have been, what you have known, the beliefs that have guided you.

Life Stories Preserve History



- Provide a living memory for future generations
- Bring life memories more sharply into focus

Answering Questions About the Past



- What kind of life did my ancestors lead?
- What did they learn?
- What did they believe?
- Who were they?

Life Stories provide answers - a record for future generations.

Possible Subjects for Recording



- Early life and education
- Choosing a career
- Challenges and successes
- Marriage and children
- Building a business

Philosophies and Beliefs



- Your values
- Your beliefs
- Your guiding ideas
- Knowledge gained through experience

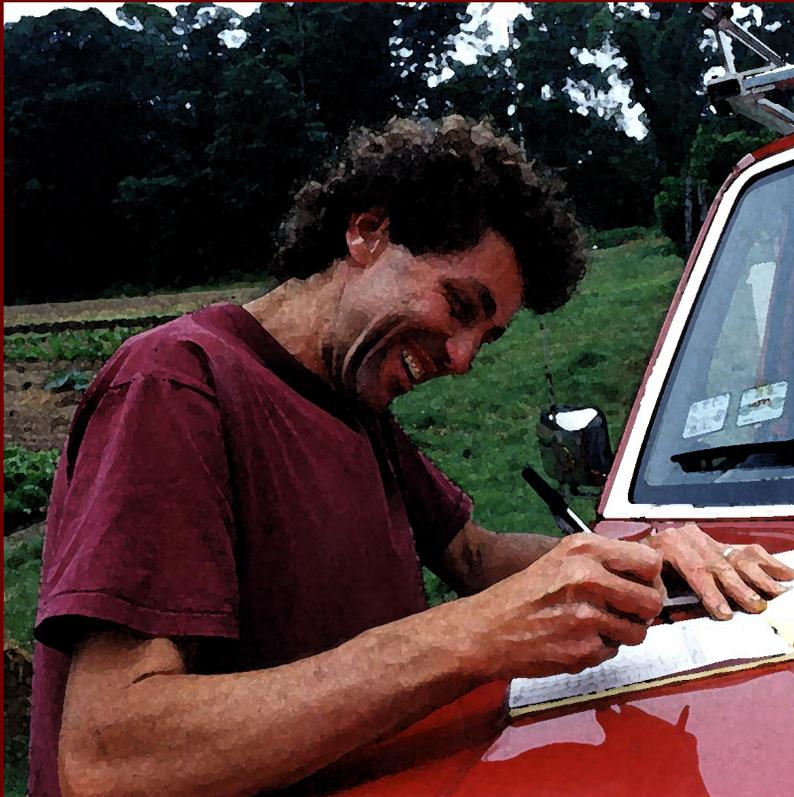
*All can be recorded in
a Life Story.*

Recording the Story



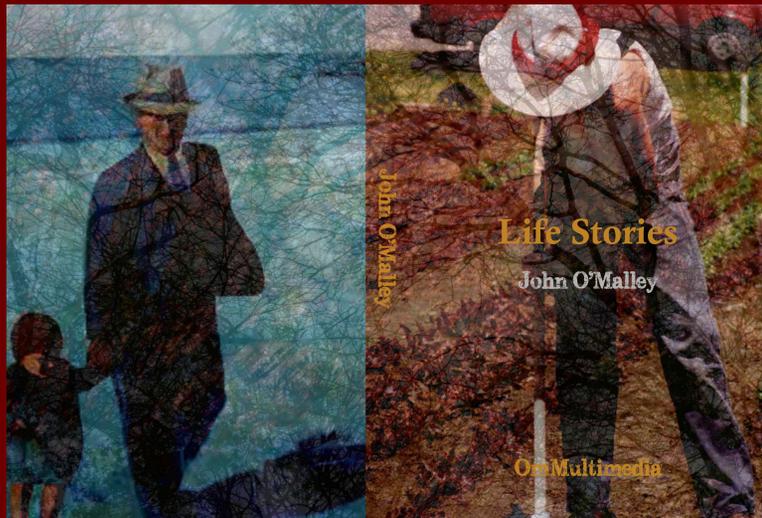
- Life stories are video (or audio) interviews.
- Recording generally takes place at home.
- Subjects decide what stories they want to tell.
- Record the events of your life in chronological order or focus on specific periods or aspects of your life.

Other Story Components



- Photos and other documents to illustrate the story
- Background music chosen by the subject
- Family movie clips to deepen the story

What Is Produced



- DVDs in a custom designed case with menu items for story segments (For example, *Early Days*, *Marriage*, *Children*, *Career*)
- A DVD with files that can be easily shared with others
- Audio interviews with text transcripts also an option

An Excerpt from John's Life Story



- The story includes 11 segments.
- Subjects include *Growing Up, Marriage, Children, Career, Building My Own House, Gardening.*

Other Life Story Options



- Video Time Capsules
- Messages for family and posterity
- Focus on experiences, connections, gratitude